

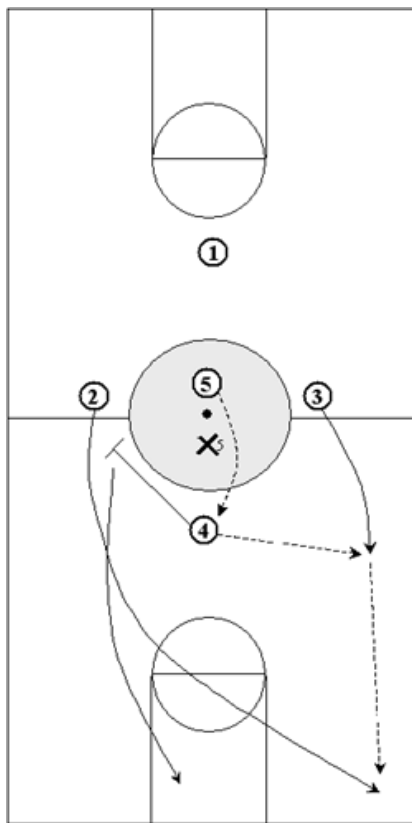
# Jump Ball Plays

By Coach Joao Costa "JC"

These are excellent plays that are easy to teach, easy to learn, and easy to execute! The best part about these plays is that it will work at any level of competition - if executed properly. The key, of course, is to practice these plays to the point of perfection. I've often noticed that when a play seems to be simpler than others - coaches and players don't think they need to work on it as much. Wrong!!

The only way to run these jump ball plays effectively is to practice them on a consistent basis so that the players are extremely comfortable with it. By doing this, the team will be able to execute these plays properly and create many easy scoring opportunities!

When executed properly, these plays will produce many easy scoring opportunities for you!



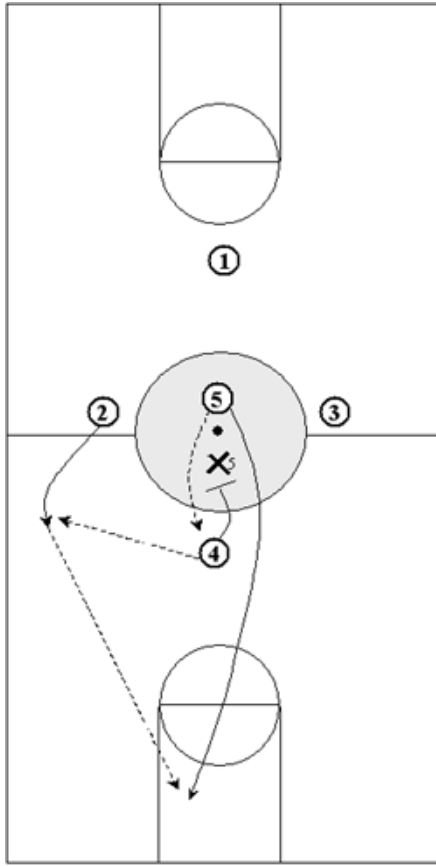
## Fast two

It works most of the time, and can really give the players a boost to start the ball game.

Player 5 will tip to 4.

Player 4 quickly hits 3 then back screens for 2 who cuts to the ball side corner for a jump shot.

Player 2 can shoot if is wide open or looks for 4 cutting through the lane.



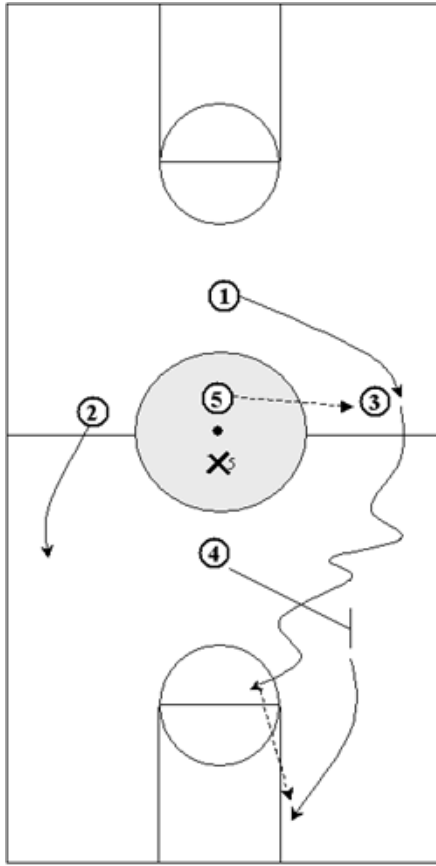
### **Explode Five**

This is when you feel your team will get the tip.

Player 5 tips straight to 4.

Player 4 passes to 2 then back screens 5's defender.

Player 5 cuts to the basket to get a lob pass from 2 for a dunk.



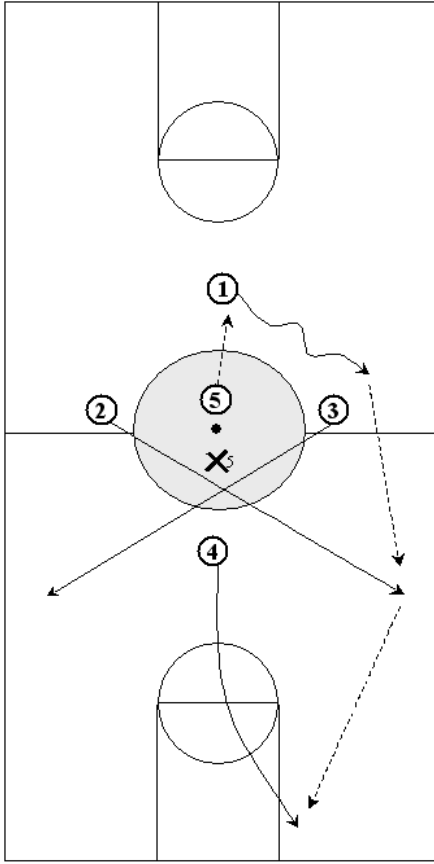
## Hand-Off

Player 5 tips to 3.

Player 3 hands off to 1 who pushes the ball quickly to wing area.

Player 4 ball screens for 1.

Player 1 can shoot or looks for 4 who roles to the basket.



### **Crisscrossing Big Forward**

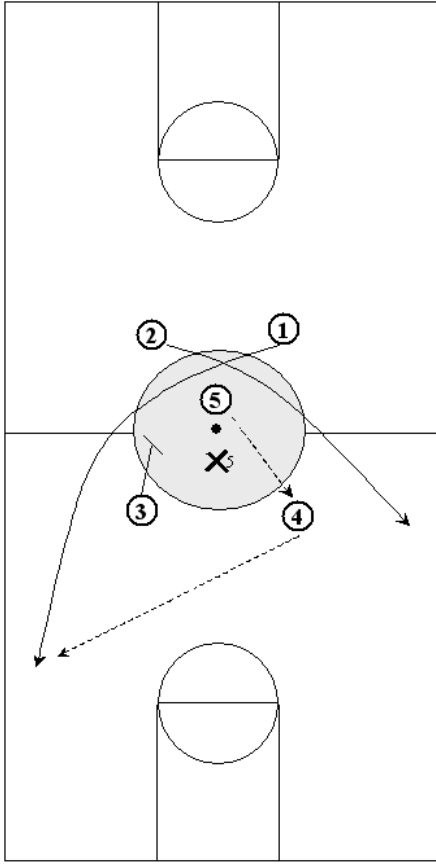
This play requires fast ball movement.

Player 5 tips to 1.

Players 2 and 3 crisscross to opposite wings looking for ball.

Player 1 can either pass to 2 or 3, in this case 2 will get the ball.

Player 2 looks to feed 4 in the post area for one-on-one to the basket.



### **Crisscrossing Little Man**

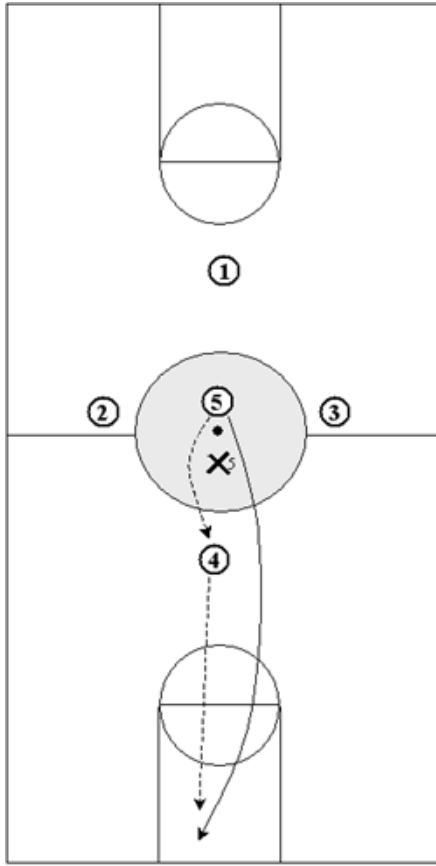
Player 5 tips the ball ahead to 4.

Players 1 and 2 crisscross off the jumper.

Player 3 screens for 1.

Player 4 hits 1 at wing.

Player 1 can either take the shot or drive to the basket for lay-up.

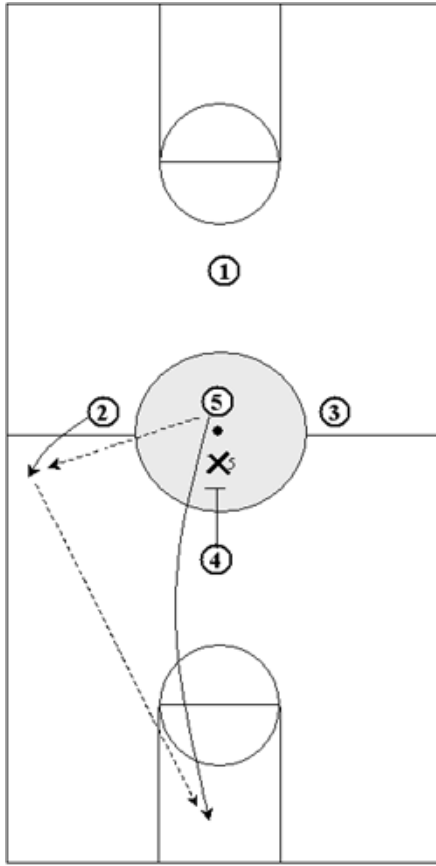


### Lob Five

This is a very effective play that can steal you an easy two points to start the game.

Step One

Player 5 tip to 4 then sprints to the basket to get the lob pass from 4 for lay-up.



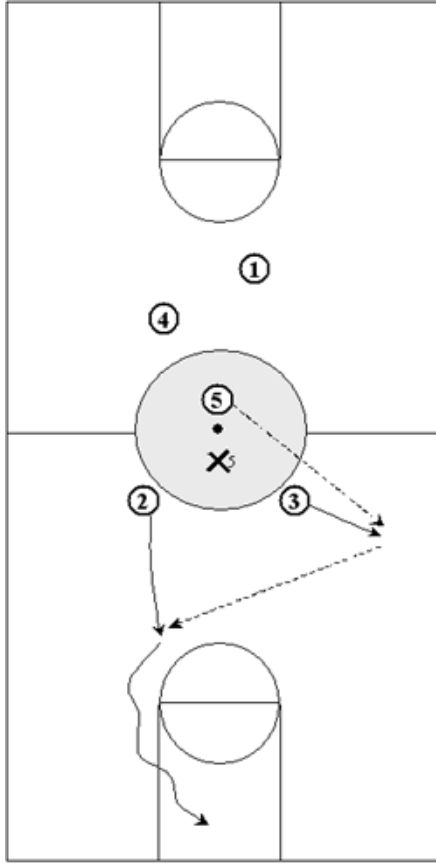
## Lob Five

### Step Two

Player 5 tips the ball long to 2.

Player 4 sets a back screen for 5.

Player 5 explodes to the basket to get the lob pass from 2 for a dunk.

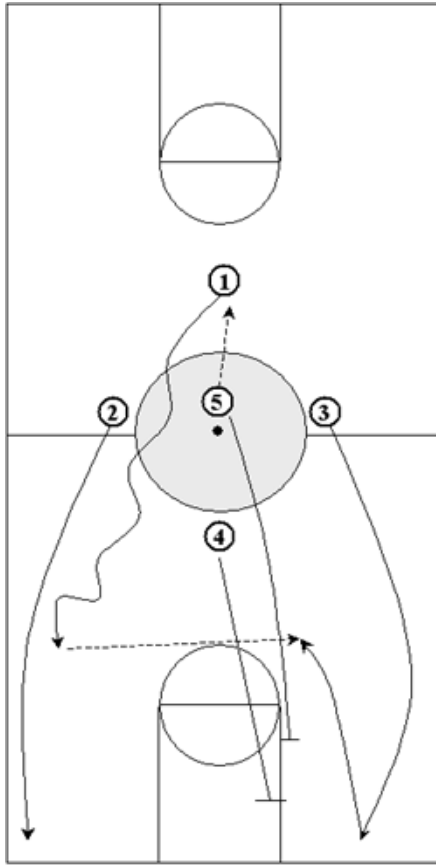


### To the Hoop

As the ball goes up, 3 is going to take a couple steps backward from the circle away from the defense to get the tip from 5.

Player 2 quickly cuts to the basket looking to get the pass from 3 for a lay-up.





## Down Big Man

Attack your opponent right from the opening tip with this jump ball play will give the team more confidence.

Player 5 tips to 1.

Player 1 pushes the ball to right wing.

Players 2 and 3 sprint down to the corners.

Players 4 and 5 set a staggered screen for 3.

Player 3 comes up to the three point arc to receive the ball from 1 for jump shot.